



**H.K.L.R.R.C.**



# LADIES LADS AND LASSIES RACE

**Sunday 14<sup>th</sup> September 2008**

## RACE INFORMATION

- Date (日期):** 14 September 2008 (2008 年 9 月 14 日)
- Start Time(起跑時間):** 08.30 (上午 8 時 30 分)
- Course (賽道):** Anticlockwise circuit Lugard and Harlech Roads, The Peak. 逆時鐘繞山頂一圈
- Race Start/Finish (起點/終點):** Next to Peak Tower/Peak Lookout 山頂纜車站旁
- Distance(全程):** 3.5 km (3.5 公里)
- Age Groups(組別):**
- |               |   |
|---------------|---|
| <b>Ladies</b> | 19 – 34, 35 – 39, 40 – 44, 45 – 49, 50 – 59, 60 + |
| <b>Girls</b>  | 7 – 9, 10 – 11, 12 – 13, 14 – 15, 16 – 18         |
| <b>Boys</b>   | 7 – 9, 10 – 12                                    |
- Fun Run for Girls and Boys(幼苗組):** 6 years and under 六歲或以下
- Prizes(獎品):** Top 3 ladies / girls / boys in age groups  
幼苗組不設組別獎項
- Souvenir(紀念品):** T shirt to all finishers  
每位完成賽事者將獲派發紀念品乙份。
- Quota(名額):** 250 runners or when race full 250 名先到先得
- Entry Deadline(截止日期):** 8<sup>th</sup> September 2008 (2008 年 9 月 8 日)
- Age 18 and over non members** HK\$80  
十八歲及以上(非會員)八十元正
- Age 18 and over HKLRRC members (會員)**  
HK\$60  
十八歲及以上(會員)六十元正
- Age under 18 non members (非會員)** HK\$60  
十八歲及以下(非會員)六十元正
- Age under 18 HKLRRC members**HK\$50  
十八歲及以下(會員)五十元正
- Entry Fee(報名費):**
- Enquiries(查詢):** 91393127  
e-mail:[hklrr@yahoo.com](mailto:hklrr@yahoo.com)  
[www.hklrrc.org.hk](http://www.hklrrc.org.hk)

[www.hklrrc.org.hk](http://www.hklrrc.org.hk)



# H.K.L.R.R.C.



## LADIES LADS AND LASSIES RACE

### Sunday 14<sup>th</sup> September 2008

#### ENROLLMENT FORM 參加表格 (PLEASE COMPLETE IN ENGLISH 請用英文填寫)

Family name 姓			
Given name 名			
Sex 性別	M 男	F 女	
Date of Birth 出生日期	dd 日	mm 月	yyyy 年
Phone No. 電話號碼			
E-mail 電郵地址			
Postal Address 地址			

I agree to enter this race at my own risk and to abide by the rules and conditions laid down by the organizers. I hereby agree to discharge the organizers from any responsibility in the event of an accident or mishap which might cause me injury during or after the race.

聲明：謹證明本人是自願參加比賽，並願意自行承擔所有責任。本人亦謹遵守比賽規則及決定。本人一旦因在往返比賽場地或比賽中受到任何財物損失、受傷或致死亡，主辦賽會、贊助商及其他有關合辦機構均無須付上任何責任。

Signed 簽名: \_\_\_\_\_ Date 日期: \_\_\_\_\_  
(parent or guardian for applicants 18 and under)



#### IMPORTANT NOTES:

- Cheques payable to(劃線支票 抬頭人請寫): Hong Kong Ladies Road Runners Club
- Enclose with entry **2 LARGE STAMPED** self addressed envelopes with minimum HK\$2.20 value stamps one for number bib and one for finishers certificate 必須各自付上**兩個大 (A4)** 回郵信封，信封面寫上地址及貼上足夠郵票 HK\$2.2
- Send Entry to(填妥表格寄回): PO Box 20613, Hennessy Road, Wanchai
- **No number bib pick up on day** 號碼布將會郵遞，不設即場派發。  
Lost numbers HK\$10 for replacement 即場補領費 HK\$10.
- Strictly **NO ENTRIES** on the day. Entry list and information on [www.hklrrc.org.hk](http://www.hklrrc.org.hk) before the race  
**不接受即場報名**。參賽名單和賽事資料，會於賽事一星期前刊登在 [www.hklrrc.org.hk](http://www.hklrrc.org.hk)
- Red, Black Rainstorm, Thunderstorm or T8 warning issued by 06.30 on race day event is cancelled.  
We will attempt to reschedule - No entry fee refund.  
當紅色或黑色暴雨警告，雷暴警告或 8 號風球於賽事兩小時前生效，賽事會改期，本會將儘量擇日補賽，已繳報名費不會退還。
- Race marshals needed if you cannot run please come and help at the race.  
歡迎所有不能參賽者出席為大會作賽道指揮/督導員。

Enquiries to: 91393127  
e-mail: [hklrr@yahoo.com](mailto:hklrr@yahoo.com)

[www.hklrrc.org.hk](http://www.hklrrc.org.hk)